

SCVAC LEAGUE		MID-LONDON DIVISION								
Match 4	MEN	July 14, 2014		Perivale	version:					
		Club		Points						
Match result		1	HHH		113					
		2	Serpentine		100					
		3	Hillingdon		96					
		4	Metros		50					
		5	BA		28					
		6	ESMAC		16					
								Points		
		Position	Competitor	Age category	Club	Performance	BA	Ealing	HHH	Hillingdon
200m	M35A	1	Graeme Harrison	M40	Serp	23.7				
		2	Guiseppe Minetti	M35	HHH	24.7			5	
		3	Steve Partridge	M45	Hill	25.2				4
		4	Sonny Peart	M45	Metros	29.6				
		5								
		6								
	M35B	1	Gary Palmer	M45	Hill	25.8				6
		2	Paul Marriott	M50	HHH	26.2			5	
		3	Jeremy Freer	M35	Serp	27				
		4	Gerry Barker	M75	Metros	35.1				
		5								
		6								
	M50	1	Kwei Sankofa	M50	HHH	26.1			6	
		2	Kevin Smart	M50	Metros	27.2				
		3	Tony Silerman	M55	Serp	28.4				
		4	Dave Martin		Hill	29.8				3
		5	Gary Rushmer	M50	BA	31.7	2			
		6								
			x		x					

			x		x					
			Competitor	Age category	Club	Performance	BA	Ealing	HHH	Hillingdon
	<b>M60</b>	1	Bob Fraser	M60	HHH	28			6	
		2	Mike Ransome	M60	Metros	30.4				
		3	Cliff Hide	M60	Serp	30.8				
		4			Hill	31.2				3
		5	Steve Hillier	M60	BA	34.2	2			
		6	Laurence Messer	M60	ESMAC	40.5		1		
<b>800m</b>	<b>M35A</b>	1	Simon Connell		Hill	2.14.4				6
		2	Roger Coyle	M35	Serp	2.14.5				
		3	Kieth Schofield	M35	HHH	2.21.7			4	
		4								
		5								
		6								
	<b>M35B</b>	1	Richard Taylor	M35	Serp	2.20.4				
		2	Dean Birch		Hill	2.20.6				5
		3	Mark White	M35	HHH	2.22.8			4	
		4								
		5								
		6								
	<b>M50</b>	1	Gary Ironmonger	M50	HHH	2.15.1			6	
		2	Mike Stainton	M50	Serp	2.29.6				
		3	Gary Rushmer	M50	BA	2.37.6	4			
		4	Andy Miles		Hill	2.46.9				3
		5	Mike Ransome	M60	Metros	3.08.06				
		6								
	<b>M60</b>	1	Mike Mann	M60	HHH	2.46.9			6	
		2	David Hinds	M60	Ser	2.53.8				
		3	Doug Milson	M75	Hill	3.12.5				4
		4	Gerry Barker	M75	Metros	3.23.6				
		5	Laurence Messer	M60	ESMAC	3.41.0		2		

		6	Alan Anderson	M75	BA	3.56.9	1			
			x		x					
			Competitor	Age category	Club	Performance	BA	Ealing	HHH	Hillingdon
<b>3000m</b>	<b>M35A</b>	1	Simon Barrett	M35	Serp	9.21.6				
		2	Rob Jones	M35	HHH	9.41.9			5	
		3	Scott Farley		Hill	9.57.6				4
		4	Mark Delahunty	M35	ESMAC	10.23.2		3		
		5	Sonny Peart	M45	Metros	12.57.4				
		6								
	<b>M35B</b>	1	Cedric Berthelon	M40	Serp	9.38.5				
		2	Keith Newton	M35	HHH	9.49.2			5	
		3	Simon Connell		Hill	10.30.5				4
		4								
		5								
		6								
	<b>M50</b>	1	Gary Ironmonger	M50	HHH	10.00.5			6	
		2	Andrew Maynard	M50	Serp	11.13.0				
		3			Hill	11.17.6				4
		4	Gary Rushmer	M50	BA	11.24.1	3			
		5	James O'Neill	M35	ESMAC	11.27.6		2		
		6	Kevin Smart	M50	Metros	11.59.9				
	<b>M60</b>	1	Mike Mann	M60	HHH	11.33.1			6	
		2	Andrew Roberts	M60	Serp	11.36.4				
		3	Doug Milson		Hill	12.40.7				4
		4	Alan Anderson	M75	BA	14.35.5	3			
		5								
		6								
			x		Club	Performance				
<b>4 x 100m</b>		1	Serp		Serp	49.6				
		2	HHH		HHH	50.3			5	
		3	Hill		Hill	51.8				4

		4	Metros		Metros	58.5				
		5								
		6								
			Competitor	Age category	Club	Performance	BA	Ealing	HHH	Hillingdon
<b>High</b>	<b>M35</b>	1	Gary Palmer	M45	Hill	1.6				6
<b>Jump</b>		2	Cedric Berthelon	M40	Serp	1.5				
		3	Sonny Peart	M45	Metros	1.25				
		4								
		5								
		6								
	<b>M50</b>	1	Paul Marriott	M50	HHH	1.45			6	
		2	T. Krishnakumar	M50	ESMAC	1.3		5		
		3	Michael Stainton	M50	Serp	1.2				
		4	Mike Ransome	M60	Metros	1.1				
		5								
		6								
<b>Long</b>	<b>M35</b>	1	Steve Partridge		Hill	5.65				6
<b>Jump</b>		2	Tom McKelvey	M35	Serp	5.36				
		3	Tom Konlon	M50	HHH	4.59			4	
		4	Alan Anderson	M60	BA	2.36	3			
		5								
		6								
	<b>M50</b>	1	Paul Marriott	M50	HHH	4.74			6	
		2	Dave Martin		Hill	4.01				5
		3	Kevin Smart	M50	Metros	3.92				
		4	T. Krishnakumar	M50	ESMAC	3.84		3		
		5	Michael Stainton	M50	Serp	3.38				
		6	Gary Rushmer	M50	BA	3.23	1			
	<b>M60</b>	1	Bob Fraser	M65	HHH	4.49			6	
		2	Roy White		Hill	3.84				5
		3	Tony McGahan	M60	Serp	3.28				

		4	Mike Ransome	M60	Metros	3.23				
		5	Tony Barnwell	M70	BA	2.12	2			
		6								
			x		x					
			Competitor	Age category	Club	Performance	BA	Ealing	HHH	Hillingdon
<b>Hammer</b>	<b>M35</b>	1	Des Austin	M35	HHH	28.11			6	
		2	Steve Thompson	M45	Hill	20.16				5
		3	Alex Malzer	M40	Serp	16.66				
		4								
		5								
		6								
	<b>M50</b>	1	Garry Power	M50	HHH	32.71			6	
		2	Steve Hillier	M60	BA	28.23	5			
		3	Keith Seldon	M55	Hill	27.09				4
		4	Tony McGahan	M60	Serp	19.15				
		5								
		6								
<b>Javelin</b>	<b>M35</b>	1	Keith Seldon	M55	Hill	33.83				6
		2	Sonny Peart	M45	Metros	29.36				
		3	Gary Power	M50	HHH	21.97			4	
		4	Andrew Maynard	M50	Serp	13.49				
		5								
		6								
	<b>M50</b>	1	Garth Francis	M50	HHH	32.07			6	
		2	Alan Butler	M50	Hill	32.01				5
		3	Kevin Smart	M50	Metros	25.69				
		4	Ashok Jamdagni	M70	Serp	14.78				
		5	Tony Barnwell	M70	BA	13.08	2			
		6								
	<b>M60</b>	1	Roy White		Hill	29.88				6
		2	Derek Prentice	M60	HHH	28.81			5	



SCVAC LEAGUE		MID-LONDON DIVISION								
Match 4	WOMEN	June 14, 2014			Perivale	version:				
			Club		Points					
Match result		1	Serpentine		93.5					
		2	HHH		78.5					
		3	Hillingdon		64					
		4	ESMAC		47					
		5	Metros		18					
								Points		
		Position	Competitor	Age category	Club	Performance	Ealing	HHH	Hillingdon	Metros
200m	W35A	1	Clair Tomsett	W35	Hill	29.1			5	
		2	Nikki Sturzaker	W40	HHH	31		4		
		3	Tolli Hickers	W40	Serp	32				
		4	Jane Ruhland	W45	ESMAC	33.6	2			
		5								
	W35B	1	Sharon Dooley		Hill	30			5	
		2	Nicola Richmond	W40	HHH	32.8		4		
		3	Alison Nolan	W45	Serp	33.3				
		4								
		5								
	W50	1	Catkin Shelley	W50	Serp	31.9				
		2	Sharon St Luce	W55	HHH	35.2		4		
		3	Lesley Conway		Hill	36.6			3	
		4	Carol Jones	W55	ESMAC	40.4	2			
		5	Jeanne Coker	W75	Metros	51.8				1
	W60	1	Henduka White		Hill	33.1			5	
		2	Hel James	W60	Serp	36.3				
		3	Barbara Macanas	W60	HHH	42.4		3		
		4	Gladys De Groot	W60	Metros	46.8				2
		5	Ann Livings	W60	ESMAC	57.7	1			





		5								
			x		x					
		Position	Competitor	Age category	Club	Performance	Ealing	HHH	Hillingdon	Metros
	<b>W50</b>	1	Jans Nodder	W55	Serp	12.25.9				
		2	Carol Jones	W55	ESMAC	12.47.4	4			
		3	Gillian Wheeldon	W50	HHH	15.09.5		3		
		4	Lynda Copson		Hill	15.31.5			2	
		5								
	<b>W60</b>	1	Avril Riddell	W60	Serp	13.29				
		2	Dorothy Johnstone	W65	ESMAC	17.24	4			
		3								
		4								
		5								
			x		Club	Performance				
<b>4 x 100m</b>		1	Hillingdon		Hillingdon	60.7			5	
		2	Serpentine		Serp	63.8				
		3	HHH		HHH	65.4		3		
		4	ESMAC		ESMAC	72.4	2			
		5								
<b>High Jump</b>	<b>W35</b>	1	Patricia Thomas	W45	ESMAC	1.1	5			
		2	Maria Hernandez-Humm		Hill	1.05			4	
		3	Kathleen Moeller	W35	HHH	1.05		2.5		
		4	Margaret Lang	W50	Serp	1.05				
		5								
	<b>W50</b>	1	Sharon St Luce	W55	HHH	1.05		5		
		2	Christine Heemskerk		Hill	1.05			4	
		3	Claire Browse	W50	Serp	95				
		4								
		5								
<b>Long Jump</b>	<b>W35</b>	1	Maria Hernandez-Humm		Hill	3.54			5	
		2	Patricia Thomas	W45	ESMAC	2.79	4			

		3	Margaret Lang	W50	Serp	2.79				
		4	Kathleen Moeller	W35	HHH	2.54		2		
		5								
		Position	Competitor	Age category	Club	Performance	Ealing	HHH	Hillingdon	Metros
	<b>W50</b>	1	Sharon St Luce	W55	HHH	3.42		5		
		2	Lesley Conway		Hill	3.29			4	
		3	Claire Browse	W55	Serp	1.8				
		4								
		5								
	<b>W60</b>	1	Hel James		Serp	3.01				
		2	Gladys De Groot	W60	Metros	2.47				4
		3	Barbara Macanas	W60	HHH	2.26		3		
		4								
		5								
<b>Hammer</b>	<b>W35</b>	1	Tracey Gould	W35	ESMAC	35.18	5			
		2	Mary Davies	W40	Serp	24.78				
		3	Claire Tompsett		Hill	23.08			3	
		4	Kathleen Moeller	W35	HHH	11.02		2		
		5								
	<b>W50</b>	1	Kim Weir		Hill	34.35			5	
		2	Sharon St Luce	W55	HHH	19.8		4		
		3	Margaret Sills	W60	Serp	12.78				
		4	Elizabeth Fernandes	W60	Metros	4.94				2
		5								
	<b>W60</b>	1	Barbara Macanas	W60	HHH	23.05		5		
		2	Jan Farmer	W60	Serp	16.76				
		3	Gladys De Groot	W60	Metros	15.79				3
		4	Ann Livings	W60	ESMAC	9.16	2			
		5								
<b>Javelin</b>	<b>W35</b>	1	Tolli Hickers	W40	Serp	26.44				
		2	Sharon St Luce	W55	HHH	24.32		4		

