

SCVAC LEAGUE		MID-LONDON DIVISION								
Match 1	MEN		May 12, 2014		Battersea	Version:	20-May-14			
Match result			Club	Points						
		1	Herne Hill Harriers	131						
		2	Serpentine	116						
		3	Hillingdon	115		Note: all races were started using a whistle				
		4	Metros	55						
		5	British Airways	18						
		6	Ealing Southall & M	16						
									Points	
		Position	Competitor	Age category	Club	Performance	BA	Ealing	HHH	Hillingdon
100m	M35A	1	Giuseppe Minetti	M40	Herne Hill Harriers	12.3			6	
		2	Neil Middleton		Hillingdon	12.7				5
		3	Roger Coyle		Serpentine	13.1				
		4	Matt Rogan		Metros	14.2				
		5	x		x					
		6	x		x					
	M35B	1	Clarence Allen	M50	Herne Hill Harriers	13.0			6	
		2	Tom McElvey		Serpentine	13.0				
		3	Jason Steel		Hillingdon	13.2				4
		4	Mark Mulvenna	M50	Metros	16.1				
		5	x		x					
		6	x		x					
	M50	1	Kwei Sankofa		Herne Hill Harriers	12.6			6	
		2	Alan Butler		Hillingdon	12.9				5
		3	Tony Silverman	M55	Serpentine	13.8				
		4	Chris Michael		Metros	14.8				
		5	Steve Hillier	M55	British Airways	16.8	2			
		6	x		x					

			Competitor	Age category	Club	Performance	BA	Ealing	HHH	Hillingdon
	M60	1	Bob Fraser	M65	Herne Hill Harriers	13.9			6	
		2	David Hinds		Serpentine	14.6				
		3	Roy White		Hillingdon	14.6				4
		4	Mike Ransome		Metros	15.0				
		5	Lawrence Messer		Ealing Southall & M	18.4		2		
		6	x		x					
400m	M35A	1	Graeme Harrison	M40	Serpentine	53.2				
		2	Jason Steel		Hillingdon	58.7				5
		3	Gary Ironmonger		Herne Hill Harriers	61.6			4	
		4	Matt Rogan		Metros	64.8				
		5	x		x					
		6	x		x					
	M35B	1	Jon Ridgeon	M45	Serpentine	56.4				
		2	Simon Connell		Hillingdon	64.0				5
		3	Robin Jones	M40	Herne Hill Harriers	66.0			4	
		4	x		x					
		5	x		x					
		6	x		x					
	M50	1	Graeme Moyse		Herne Hill Harriers	65.1			6	
		2	Rob Crangle		Serpentine	66.5				
		3	Andy Miles		Hillingdon	73.5				4
		4	Mark Mulvenna		Metros	81.8				
		5	x		x					
		6	x		x					
	M60	1	David Hinds		Serpentine	69.5				
		2	Roy White		Hillingdon	73.6				5
		3	Valdis Pauzers		Herne Hill Harriers	78.1			4	
		4	Mike Ransome		Metros	79.9				
		5	Lawrence Messer		Ealing Southall & M	94.8		2		

		6	x		x					
			Competitor	Age category	Club	Performance	BA	Ealing	HHH	Hillingdon
1500m	M35A	1	Martin Bateman		Hillingdon	04:34.0				6
		2	Daniel de Palol	M40	Serpentine	04:39.4				
		3	Gary Ironmonger		Herne Hill Harriers	04:40.8			4	
		4	Matt Rogan		Metros	05:20.1				
		5	x		x					
		6	x		x					
	M35B	1	Scott Farley		Hillingdon	04:37.1				6
		2	Robin Jones	M40	Herne Hill Harriers	04:53.8			5	
		3	James Quinn	M40	Serpentine	04:56.8				
		4	x		x					
		5	x		x					
		6	x		x					
	M50	1	Vic Maughn		Herne Hill Harriers	04:42.7			6	
		2	Andrew Maynard		Serpentine	05:11.7				
		3	James O'Neill	M55	Ealing Southall & M	05:17.1		4		
		4	Andy Miles		Hillingdon	05:17.4				3
		5	Gary Rushmer		British Airways	05:24.4	2			
		6	x		x					
	M60	1	Andrew Roberts		Serpentine	05:27.4				
		2	Steve Knight		Herne Hill Harriers	06:00.1			5	
		3	x		x					
		4	x		x					
		5	x		x					
		6	x		x					
2000m	M35	1	Rupert Mainwaring		Herne Hill Harriers	12:41.1			6	
Walk		2	Andrew Maynard	M50	Serpentine	15:11.9				
		3	x		x					
		4	x		x					

		5	x		x					
		6	x		x					
			Competitor	Age category	Club	Performance	BA	Ealing	HHH	Hillingdon
	M50	1	Valdis Pauzers	M60	Herne Hill Harriers	10:46.2			6	
		2	Andy Cox	M60	Hillingdon	11:23.1				5
		3	Mike Stainton		Serpentine	12:37.4				
		4	x		x					
		5	x		x					
		6	x		x					
	M60	1	Ken Bobbit		Hillingdon	11:22.5				6
		2	Micky Harran	M75	Herne Hill Harriers	12:14.0			5	
		3	Mike Ransome		Metros	14:19.6				
		4	Ashok Jamdagni	M70	Serpentine	14:55.1				
		5	x		x					
		6	x		x					
					Club	Performance				
4 x 400m		1			Serpentine	04:01.7				
		2			Hillingdon	04:02.0				5
		3			Herne Hill Harriers	04:30.7			4	
		4			Hillingdon 'B'	04:32.6				
		5			x					
		6			x					
High Jump	M35	1	Tom McElvey		Serpentine	1.40				
		2	Jason Steel		Hillingdon	1.20				5
		3	x		x					
		4	x		x					
		5	x		x					
		6	x		x					
	M50	1	Tom Conlon		Herne Hill Harriers	1.45			6	
		2	Alan Butler		Hillingdon	1.40				5

		3	Mike Stainton		Serpentine	1.15				
		4	Mike Ransome		Metros	1.10				
		5	x		x					
		6	x		x					
			Competitor	Age category	Club	Performance	BA	Ealing	HHH	Hillingdon
Long	M35	1	Tom McElvey		Serpentine	5.19				
Jump		2	Dean Burch		Hillingdon	3.82				5
		3	Akin Oyediran	M50	Herne Hill Harriers	3.53			4	
		4	Matt Rogan		Metros	3.32				
		5	Steve Hillier	M55	British Airways	3.28	2			
		6	x		x					
	M50	1	Clarence Allen		Herne Hill Harriers	4.86			6	
		2	Dave Martin	M55	Hillingdon	4.04				5
		3	Gary Rushmer		British Airways	3.29	4			
		4	Mike Stainton		Serpentine	3.06				
		5	Mark Mulvenna		Metros	1.91				
		6	x		x					
	M60	1	Roy White		Hillingdon	3.72				6
		2	Mike Ransome		Metros	3.13				
		3	Tony McGahan		Serpentine	3.09				
		4	Andy Lea-Gerrard		Herne Hill Harriers	2.40			3	
		5	x		x					
		6	x		x					
Shot	M35	1	Keith Seldon	M55	Hillingdon	8.16				6
		2	Des Austin	M45	Herne Hill Harriers	7.90			5	
		3	Alex Malzer	M40	Serpentine	7.07				
		4	Matt Rogan		Metros	5.18				
		5	x		x					
		6	x		x					
	M50	1	Garry Power		Herne Hill Harriers	9.71			6	
		2	Alan Butler		Hillingdon	7.96				5

		3	Steve Hillier	M55	British Airways	7.62	4		
		4	Chris Michael		Metros	7.05			
		5	Andrew Maynard		Serpentine	5.16			
		6	x		x				
			Competitor	Age category	Club	Performance	BA	Ealing	HHH
	M60	1	Derek Prentice		Herne Hill Harriers	8.59			6
		2	Bob Densley		Ealing Southall & M	8.32		5	
		3	Eddie Giles	M65	British Airways	7.72	4		
		4	Tony McGahan		Serpentine	7.38			
		5	x		x				
		6	x		x				
Discus	M35	1	Des Austin	M45	Herne Hill Harriers	25.83			6
		2	Keith Seldon	M55	Hillingdon	21.68			5
		3	Mark Mulvenna	M50	Metros	16.43			
		4	Andrew Maynard	M50	Serpentine	9.72			
		5	x		x				
		6	x		x				
	M50	1	Garry Power		Herne Hill Harriers	38.10			6
		2	Alan Butler		Hillingdon	27.08			5
		3	Chris Michael		Metros	20.80			
		4	Bob Densley		Ealing Southall & M	18.91		3	
		5	Tony McGahan	M60	Serpentine	18.86			
		6	x		x				
						Totals	18	16	131
Non-scorers									
Event			Competitor	Age category	Club	Performance			
100m			Dave Martin	M50	Hillingdon	14.7			
400m			Roger Coyle	M35	Serpentine	59.8			
			Eric Shirley	M85	Serpentine	105.1			
1500m			Simon Connell	M35	Hillingdon	04:38.0			

Metros	Serp
	5
3	
	6
3	
	6
	5
3	
	6
3	

Metros	Serp
	5
3	
	4
	5
	6
	5

	4
3	
Metros	Serp
	6
3	
	3
2	
5	
	4
	4
3	

