

SCVAC LEAGUE		MID-LONDON DIVISION									
Match 3	WOMEN	June 23, 2014			Battersea						
Match result			Club	Points							
		1	Serpentine	98							
		2	Herne Hill Harriers	94							
		3	Hillingdon AC	83							
		4	Ealing, Southall & M.	53							
		5	Metros	12							
					Points						
			Competitor	Age category	Club	Performance	ESM	HHH	Hillingdon	Metros	Serp
100m	W35A	1	Sharon Dodey	W50	Hillingdon	14.9			5		
		2	Catherine Coley	W45	Serp	15.1					4
		3	Nikki Sturzaker	W40	HHH	15.8		3			
		4	Jane Ruhland	W45	ESM	16.3	2				
		5									
	W35B	1	Maria Hernandez-Hamm	W45	Hillingdon	15.9			5		
		2	Alison Nolan	W40	Serp	16.2					4
		3	Patricia Thomas	W45	ESM	16.5	3				
		4	Ola Balme	W45	HHH	16.8		2			
		5									
	W50	1	Sharon St Luce	W55	HHH	15.8		5			
		2	Lesley Conway	W55	Hillingdon	17.6			4		
		3	Margaret Lang	W50	Serp	18.7					3
		4									
		5									
	W60	1	Hendrika White	W60	Hillingdon	15.9			5		
		2	Hel James	W60	Serp	17.4					4
		3	Marylin Pickford	W60	Metros	18.4				3	
		4	Barbara Macanas	W60	HHH	19.6		2			
		5	Ann Livings	W60	ESM	29.5	1				

		5									
			x		x						
			Competitor	Age category	Club	Performance	ESM	HHH	Hillingdon	Metros	Serp
	W50	1	Jane Nodder	W55	Serp	06:08.4					5
		2	Carol Jones	W55	ESM	06:12.0	4				
		3	Lynda Copson	W50	Hillingdon	06:43.9			3		
		4	Mandy Brown	W50	HHH	07:04.9		2			
		5									
	W60	1	Avril Riddell	W60	Serp	06:31.3					5
		2	Janice Newman	W65	ESM	07:46.9	4				
		3									
		4									
		5									
2000m	W35	1	Grazina Narviliene	W40	ESM	09:35.1	5				
Walk		2	Penelope Cummings	W35	HHH	11:07.0		4			
		3	Pam Rutherford	W40	Serp	13:36.9					3
		4	Donna Nash	W45	Hillingdon	14:37.9			2		
		5									
	W50	1	Mandy Brown	W50	HHH	13:09.6		5			
		2	Christine Heemskerk	W55	Hillingdon	13:12.3			4		
		3	Hilary Walker	W60	Serp	14:38.1					3
		4									
		5									
	W60	1	Marianne Morris	W60	Serp	14:00.0					5
		2	Dorothy Jonstone	W65	ESM	14:17.3	4				
		3									
		4									
		5									
			x		Club	Performance					
4 x 400m		1	x		HHH	04:58.1		5			
		2	x		SERP	05:05.5					4

		3	x		Hillingdon	05:09.8			3		
		4	x		ESM	05:12.1	2				
		5	x								
			Competitor	Age category	Club	Performance	ESM	HHH	Hillingdon	Metros	Serp
High	W35	1	Louise Kelly	W35	Hillingdon	1.30			5		
Jump		2	Catherine Coley	W45	Serp	1.25					4
		3	Pat Thomas	W45	ESM	1.10	3				
		4	Kathleen Moeller	W35	HHH	1.05		2			
		5									
	W50	1	Margaret Lang	W50	Serp	1.10					5
		2	Sharon St Luce	W55	HHH	1.05		4			
		3	Lesley Conway	W55	Hillingdon	1.05			3		
		4									
		5									
Triple	W35	1	Catherine Coley	W45	Serp	8.74					5
Jump		2	Louise Kelly	W35	Hillingdon	8.45			4		
		3	Patrizia Gnoato	W45	HHH	6.15		3			
		4	Tracy Gould	W35	ESM	5.63	2				
		5									
	W50	1	Lesley Conway	W55	Hillingdon	7.28			5		
		2	Sharon St Luce	W55	HHH	7.04		4			
		3	Marylin Pickford	W60	Metros	5.42				3	
		4	Margaret Sills	W60	Serp	4.86					2
		5									
Discus	W35	1	Tracy Gould	W35	ESM	20.61	5				
		2	Kathleen Moeller	W35	HHH	16.45		4			
		3	Mary Davies	W35	Serp	16.00					3
		4	Lucy Duncan	W35	Hillingdon	11.75			2		
		5									
	W50	1	Sharon St Luce	W55	HHH	20.83		5			
		2	Jan Farmer	W60	Serp	14.87					4

		3	Christine Heemskerk	W55	Hillingdon	12.97			3		
		4									
		5									
			x		x						
			Competitor	Age category	Club	Performance	ESM	HHH	Hillingdon	Metros	Serp
	W60	1	Barbara Macanas	W60	HHH	18.71		5			
		2	Hilary Walker	W60	Serp	13.29					4
		3	Marilyn Pickford	W60	Metros	11.25				3	
		4	Ann Livings	W60	ESM	9.81	2				
		5									
Javelin	W35	1	Louise Kelly	W35	Hillingdon	24.93			5		
		2	Mary Davies	W35	Serp	15.85					4
		3	Tracy Gould	W35	ESM	15.12	3				
		4	Kathleen Moeller	W35	HHH	12.40		2			
		5									
	W50	1	Sharon St Luce	W55	HHH	24.07		5			
		2	Christine Heemskerk	W55	Hillingdon	15.70			4		
		3	Hilary Walker	W60	Serp	10.29					3
		4									
		5									
	W60	1	Hendrika White	W60	Hillingdon	15.04			5		
		2	Barbara Macanas	W60	HHH	14.75		4			
		3	Marilyn Pickford	W60	Metros	12.32				3	
		4	Margaret Sills	W60	Serp	11.6					2
		5	Ann Livings	W60	ESM	5.25	1				
			x		x	Totals	53	94	83	12	98
Non-scorers			x		x						
Event			Competitor	Age category	Club	Performance					
100m			Heidi Rasmussen	W40	Serp	17.2					
100m			Kardies Gracleus	W50	Harrow	16.3					
100m			Cath Ferguson	W50	Serp	16.70					

